

**Appalachian State University  
Athletic Training Program**

**Technical Standards for Admission**

The Athletic Training Program at Appalachian State University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this Program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the Program's accrediting agency the Commission on Accreditation of Athletic Training Education (CAATE). The following abilities and expectations must be met by all students admitted to the Athletic Training Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the Program's technical standards does not guarantee a student's eligibility for the BOC Examination. Candidates for selection to the Athletic Training Program a student must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with the patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection into the Athletic Training Program will be required to verify they understand and meet these technical standards or that they believe that, with reasonable accommodations, they can meet the standards.

Consistent with Section 504 of the Rehabilitation Act of 1973 (Section 504) and the Americans with Disabilities Act of 1990 (ADA), it is the policy of Appalachian State University that no qualified individual with a disability shall be excluded from, denied the benefits of, or be subjected to discrimination in any university program, service or activity. The Office of Disability Services (ODS) is the designated office to determine and coordinate reasonable accommodations and should be contacted if reasonable accommodations will be needed. If a request for reasonable accommodations is made, ODS will determine eligibility and consult with the Athletic Training Program to determine the reasonableness of the requested accommodations. If reasonable accommodations are approved, ODS will create an Accommodation Plan to identify the approved reasonable accommodations. In accordance with Section 504 and the ADA, all applicants for the Athletic Training Educational Program must be qualified individuals who are able to meet the essential competency requirements of the program, with or without reasonable accommodations. The Athletic Training Program is committed to providing access to its programs to qualified individuals with disabilities. However, it is unable to provide accommodations that impose an undue burden, present a threat to the health or safety of the individual or others, or fundamentally alter the nature of the curriculum, laboratory/clinical sessions, or clinical affiliations. It is the student's responsibility to notify the Program Director in the event of any change in the student's health status during the program or the need for reasonable accommodations, if any.

Applicant

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards. I understand that if I am unable to meet these standards, with or without reasonable accommodations, I will not be admitted into the program. I understand that if reasonable accommodations are needed that I must contact the Office of Disability Services (<http://ods.appstate.edu>).

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Signature of Applicant

Date