Site names and contact information often changes; therefore, the information is sometimes not correct. If you are interested in a listed site but cannot reach the contact person and/or the phone number is no longer available, we suggest that you try directory assistance for the agency name. If you call the agency and the contact person is no longer working at the agency, explain to the person that you are interested in an internship and ask can they direct your call to the appropriate staff person.

Excellent resources for finding possible sites include:

1. WORKSITE HEALTH PROMOTION:
   www.welcoa.org. Click on InfoPoint in the left column. User ID is university and password is affiliate. Go to career center. Also, you can go under Well Workplace (top of page) and look at the award winners for worksite health promotion. Location, description, and contact information is usually provided. Chances are if the company has a health promotion program they will also accept interns.

2. COMMUNITY HEALTH:
   www.healthycarolinians.org. There are Healthy Carolinian programs in almost every county of North Carolina and you can locate your county and get a link to their web page.

3. COMMUNITY HEALTH:
   http://www.ncpublichealth.com
   This site provides links to all public health departments in North Carolina.

4. FEDERAL INTERNSHIPS:
   http://www.nih.gov

5. HOSPITALS:
   http://www.ncha.org/public
   This site provides links to North Carolina hospitals and you can check to see what health promotion services they offer.

6. 


8. www.hfit.com. Contact Karen Fisher to find internships at their worksites. They have programs in 41 states. 815-479-9163

9. Question Why Youth Centers
   Offices in Asheville, Raleigh, Durham, Charlotte, Lumberton, Winterville, New Bern, and Wilmington (see last page for contact information). The Centers primarily act as youth advocacy centers and target tobacco use in high school settings.

www.career.appstate.edu. Click on students. Click on Health Education and Health Promotion to check out helpful information.
Boone Area

Watauga Medical Center Wellness Center
232 Boone Heights Drive
Boone, NC
Contact: Paul Moore or Jodi Vines
266-1060 mmoore@apprhs.org

Appalachian Regional Health Care System
Employee Wellness
PO Box 2600
Boone, NC 28607
Contact: Leslie Roberts
268-9447 or 737-7707 lroberts@apprhs.org

Watauga Cardiac Rehab Program/Broyhill Wellness Center
232 Boone Heights Drive
Boone, NC
Contact: Jeff Soukup
soukupjt@appstate.edu 268-9054

Watauga County Project On Aging/Lois E Harrill Senior Center
132- Poplar Grove Connector Suite A
Boone, NC
Contact: Jennifer Teague
265-8090 or 297-5195 jennifer.teague@watgov.org

Appalachian District Health Department
126 Poplar Grove Rd
Boone, NC 28607
Contact: Beth Fornadley
828-264-4995

Health Promotion for Faculty and Staff
530 Rivers St Varsity Gym - ASU
Boone, NC
Contact: Sherri Wilson
828-262-6314

Watauga Medical Center Maternal Child Health/ Birthing Center Ed Center
Boone, NC
Contact: Lindsey Stovall or Nanette Franklin
262-4285

Samaritan’s Purse
801 Bamboo Rd
PO Box 3000
Contact: Terry Harmon
828-262-1282

SpinRow Fitness
Contact: Daniel Duckworth
828-260-0437
SprinRow.com
SpinRowfitness@gmail.com

The Myo Clinic Massage & Education Center
240 NC-105 Extension #202
Contact: Eli Peltz
828-773-0545

Watauga County Schools
Substance Abuse and Smoking Prevention
PO 1790
Boone, NC
264-7190

Ashe Memorial Hospital
200 Hospital Ave.
Jefferson, NC 28640
Contact: Nancy Kautz
(336) 246-7101 or 0781

Spruce Pine Community Hospital
Spruce Pine, NC
Contact: Tonya T. Phillips
(704) 765-4201

Watauga County Healthy Carolinians
Boone, NC
Contact: Brian Belcher
268-8961

YMCA of Avery County
436 Hospital Dr
Linville, NC 28646
Contact: Adam Phillips
828-737-5500

ASU Student Wellness Center
Annas Student Health Building, 2nd Floor
262-2988

ASU: Recreation
Contact: Joe Carter
262-2100
Girls on the Run
Institute of Health and Human Services;
ASU
Contact person: Mary Sheryl Horine
828-262-7557
horinems@appstate.edu

Chetola Resort
500 Main Street
Blowing Rock NC  28605
Contact:  Gary Woolard
Health and Wellness Director
828-295-5533

Community Care Clinic
Boone, NC
Laura Bullock
http://www.ccclinic.org
828-265-8691

Blue Cross/Blue Shield of NC
Institute for Health & Human Services,
College of Health Sciences - ASU
400 University Hall Drive Rm 217
Contact:  Carol Cook 262-7674

Medispects Medical Research
400 Shadowline Drive
Bldg 100/Suite 103
Boone, NC 28607
Contact:  Cate Trate
828-268-1755

Community Health Programs
Watauga Medical Center
Contact:  Rachel Vandenende
rvandenende@apprhs.org

Ben Henderson
Bare Essentials Natural Market
273 Boone Heights Drive
Boone, NC 28607
828-262-5592
### Western North Carolina

**Asheville**
- **Question Why Tobacco Prevention**
- **Contact:** Jeanne Dairaghi
  - 828-254-2700 ext 328
  - jeanned@arp-phoenix.com

  Mission Memorial Hospital Cardiac Rehab
  Mission/St Joseph’s
  50 Doctors Dr.; Asheville, NC  28801
  Contact: Tom Macklin
  - (704) 255-3203

  St. Joseph Hospital
  Asheville, NC
  Contact: Carl N. King
  - (828) 285-7000

  Mission St. Joseph’s Health Promotion and Community Benefit Department
  Asheville, NC
  Contact: Amy Lunsford
  - (828) 257-2741

  Mission Memorial Hospital
  Health Education
  50 Doctors Dr; Suite 411
  Asheville, NC 28801

  Givens Estates United Methodist Retirement Community
  Asheville, NC
  Contact: Sally Baker
  - (704) 274-4800

  The Health Adventure
  Asheville, NC
  Contact: Jin Taylor
  - (704) 254-6373

  Community Care Partners
  1 Rocket Drive
  Asheville, NC
  Contact: Karen Paquette or Christopher Manick
  - (828) 251-9398 ext.2263

---

**Lenoir/Hickory**
- **Frye Regional Medical Center**
  - **Cardiopulmonary Rehab**
  - Hickory, NC
  - **Contact:** Harold L. DeBoever
    - (704) 324-3563

  Catawba Memorial Hospital/Center for Health Promotion
  810 Fairgrove Church Rd (cont)
  Hickory, NC
  - **Contact:** Joanna Lyall or Mary Wesley
    - (828) 326-2150

  Quest for Life Wellness Center
  Caldwell Memorial Hospital
  Lenoir, NC
  - **Contact:**
    - 828-758-8753

  Caldwell Co Health Department
  1966 B Morganton Blvd. SW
  Lenoir NC  28645
  - **Contact:**
    - 828-426-8462

  Caldwell Memorial Hospital
  Lenoir, NC
  - **Contact:** Becky Crawford
    - 757-5546

  Catawba Valley Medical Center
  **Cardiac Rehabilitation**
  810 Fairgrove Church Road SE
  Hickory, NC 28602
  - **Contact:** Patrick Benfield
    - 828-326-3680 or 828-302-3351

  YMCA of Catawba Valley
  Hickory, NC
  - **Contact:** Beth Mosher
    - 828-324-2858
Fitness Plus At Catawba Valley Medical Center  
810 Fairgrove Church Rd SE  
Hickory NC  28602  
Contact: Sandy Wallsch  
828-326-3680

Catawba County Public Health Dept.  
Hickory, NC  
Contact: Tracey D. Paul  
(704) 326-5861

Community HealthCare Center  
Kerr Drug  
625 Harper Avenues  
Lenoir, NC  28645  
Contact: Jennifer Hopson  
828-758-8932  
jhopson@kerrdrug.com

**Morganton**  
PHIFER Wellness Center/Grace Healthcare System  
Morganton, NC  
Contact: Heidi Fisher  
(828) 580-6600

Burke Council on Alcoholism and Chemical Dependancy, Inc.  
203 White Street  
Morganton, NC  28655  
Contact: Pam Story

Blue Ridge Health Care  
2165 S. Sterling St  
Morganton, NC  28655  
828-580-6633
Other Sites in Western NC  
Community Health Connection  
Wilkesboro, NC  
Contact: Karen Chapman  
336-651-7836

Complete Wellness Medical Center of  
Marion – Marion, NC  
Contact: Dr. Andrew Grant  
(828) 659-1104

Wilkes Regional Medical Center Wellness Center; 1918 West Park Dr.  
Wilkesboro, NC  
Contact: Elizabeth Harris/Michelle Hilliard  
(336) 903-7800

Wilkes Pregnancy Care Center  
1224 School Street  
Wilkesboro, NC 28967  
Contact: Susan Sturgill  
336-838-9272

BB&T (Branch Banking and Trust) Life Force Program  
Contact: Anna Busch  
(336) 733-2019

Western Carolina University Athletics  
Strength & Conditioning  
Cullowhee, NC  
Contact: David Jolly  
(828) 227-3792

Hendersonville YMCA  
7810 6th Ave W.  
Hendersonville, NC 28739  
828-693-7669  
Contact: Jennifer Hastings

Crossnore School  
Crossnore, NC  
Contact: Leigh Kadans  
828-733-4305 Ext 35

Alleghany Wellness Center  
4 South Main Street  
Box 1735  
Sparta NC 28675  
Contact: Linda Lyon Turner  
336-372-2944

Ashe Family Healthcare  
405 South Jefferson Ave  
West Jefferson, NC 28694  
Contact: Mary Beth Whitley  
336-846-6100

Wellness Center  
1918 West Park Dr  
North Wilkesboro, NC 28697  
903-7829  
Contact: Julie Nichols

Haywood County Health Dept.  
Waynesville, NC  
Contact: Marcia W. Tate  
(704) 452-6675

Dover Foundation YMCA  
Shelby, NC  
Contact: Daniel Woodard  
(704) 484-9622  
dwoodard@clevecoymca.org

Avery County Health Department  
PO Box 325  
545 Schelting Circle  
Newland NC 28657  
828-733-6031

YMCA at Kings Mountain  
211 N Cleveland Ave  
Kings Mountain, NC 28086  
Contact: Rosemary Suess  
704-739-9631  
rsuess@clevecoymac.org

Carolinias Medical Center  
PO Box 677  
Lincolnton, NC 28093  
Contact: Pamela Null  
704-732-5510  
pnull@cmc-lincoln.org
Winston Salem
Integon Corporation
Winston Salem, NC
Contact:  Mary Hearn, Program Director
(910) 770-2961

Wellness & Corporate Health Services
Wake Forest Baptist Health
2200 Cloverdale Ave
Winston-Salem, NC 27157
Contact:  Victoria Crandall, Wellness Coordinator
(336) 716-9355
vcrandal@wakehealth.edu

Wake Forest University Cardiac Rehab
PO Box 7628
Reynolda Street
Winston Salem NC  27109
336-758-5854
Contact:  Don Berley

Wake Forest Baptist Health; Action Health
Medical Center Blvd
Winston-Salem, NC  27157
Contact:  Gretchen Bayne
gbayne@wfubmc.edu
(336) 713-8002

Brighton Gardens Marriot
Winston-Salem, NC
Contact:  Kathy Marciante
(336) 722-2224

YMCA/Novant Health Wellness and Fitness Center; Forsyth Hospital
Winston-Salem, NC
Contact:  Jennifer Couloube

Sara Lee Knit Products
Winston-Salem, NC
Contact:  Jean Greene
(910) 519-4356

CMI Fitness Center/Forsyth Hospital
Winston-Salem, NC
Contact:  Colleen Neace
(910) 718-2769

Wachovia/ YMCA Wellness Center
100 N. Main St
Winston-Salem, NC  27101
Contact:  Jeff Burchette
(336) 732-2057

Forsyth County Health Department
Winston Salem, NC
Contact:  Lynne Mitchell or Patrice Toney
336-727-2436 or 336-703-3269
toneypy@forsyth.cc

Women’s Health Center of Excellence
Box 573050
Winston Salem, NC  27151-3050
Contact:  Kim Wagoner
336-713-4220

Infinite Wellness Solutions
Gold’s Gym Reynolda
Contact:  Stacie Lyn Battjes
336-725-6228

Casey M. Foster, BS
Exercise, Activity, and Play Specialist
Wake Forest Baptist Health - Brenner Children's Hospital
Brenner FIT (Families in Training)
Winston-Salem, NC 27157
336-713-3082
cashicks@wakehealth.edu
Charlotte area (includes Matthews/Concord/Kannapolis)
Health and Sport Works
Charlotte, NC
Contact: Ansley Hudson
1-800-466-9492

Harris YMCA
5900 Quail Hollow Rd; Charlotte, NC
Contact: Jason Bruce or Chris Caster
(704) 552-9622 or 716-6836

Carolina Medical Center Cardiac Rehab.
PO Box 32861
Charlotte, NC 28232-2861
Contact: Kelly Lamb
(704) 446-1468 or 1469

Bennett Wellness Center
Charlotte, NC
Contact: Nicole Disher
(704) 362-5818

Northeast Medical Center
900 Church Street
Concord, NC
704-783-3000

The Tower Club
Charlotte, NC
Contact: David B. Weston
(704) 371-5595

Dowd YMCA
Carolina’s Medical Center Wellness Center
400 East Morehead Street
704-716-6200

Wellness Works Center
Charlotte, NC
Contact: Kristen M. Johnston
(704) 554-3311

Mecklenburg County Health Dept.
Charlotte, NC
Contact: Eunice Burney
(704) 336-6430

Presbyterian Hospital Cancer Prevention
Charlotte, NC
Contact: Kim Sara
845-9622; 846-1799

Gastonia Cardiac Rehab Center
Gastonia, NC
Contact: Gloria Caldwell
(704) 866-9001

Union County Health Dept.
Monroe, NC
Contact: Jennifer Cooke
(704) 283-3815

Alliance For Children & Youth
Gastonia, NC
Contact: Brownie Smyre
(704) 867-3512

Harris YMCA
Charlotte, NC
Contact: Laurel M. Zitney
(704) 716-6866

Union Regional Medical Center Cardiac Rehab
Monroe, NC
Contact: Lyn Shelton
(704) 226-2096

Northeast Medical Center Health and Fitness Institute
301 Medical Park Dr
Concord NC

Presbyterian Cardiovascular Institute for Preventive Cardiology
125 Baldwin Avenue, Suite 200
Charlotte, NC 28204
Contact: Nicole Martin or Robert Crider
704-316-3728 or 704-384-5031
rfcrider@novanthealth.org (rehab)
ynmartin@novanthealth.org (health ed)

Nomad Aquatic and Fitness Center
11202 Harris Road
Huntersville, NC 28078
Contact: Myra Billings
704-949-1555
myra@nomadaquatics.com
Monroe Aquatic & Fitness Center  
2325 Hanover Drive  
Monroe, NC 28110  
Contact: Sheila Mobley  
704-282-4693

Cabarrus Health Alliance, Kannapolis  
NC Heart Disease & Stroke Prevention Program  
Contact person: Paige Waldrop

Cabarrus Health Alliance  
1307 S. Cannon Blvd, Kannapolis, NC 28083 
O. 704-920-1311 or F. 704-933-3345 
rpwaldrop@cabarrushealth.org  
www.cabarrushealth.org/programs/phri

North Carolina Research Campus  
Dr. David C. Nieman  
North Carolina Research Campus (cont)  
Human Performance Lab, Room 1201  
Plants for Human Health Institute  
Kannapolis, NC 28081  
Phone: 704-250-5354 
iemandc@appstate.edu

Nutrition Research Institute  
Cheatham Nutrition & Cognition Lab  
500 Laureate Way  
Kannapolis, NC 28081  
Contact: Julie Stegall  
704-250-5018

Divine Health Academy  
7516 East Independence Blvd; Suite 110  
Charlotte, NC 28227  
Phone 704-566-2955  
info@divinehealthacademy.com

The United States Performance Center  
9209 Baybrook Lane  
Charlotte, NC 28277  
Contact: Ike Belk  
704-544-9544

Raleigh/Durham/Chapel Hill  
UNC Hospital Chapel Hill, NC  
919-966-4792  
Contact: Jane Barlow  
Orange County Dept of Aging  
Contact: Myra Austin  
maustin@co.orange.nc.us 
919-968-2073

HealthConnections Fitness Center  
Cisco Systems, Inc  
7025 Kit Creek Rd; PO Box 14987  
RTP, NC 27709  
919-392-3481  
www.hfit.com/careers.asp

NC Division of Public Health  
5505 Six Forks Rd Bldg 1  
Raleigh, NC 27609  
Contact: Madison Fehling  
919-707-5398

Division of Public Health (PA & Nutrition)  
1915 Mail Service Center  
Raleigh, NC 27699-1915  
Contact: Jimmy Newkirk  
919-733-9615

Glaxo Wellcome/Health Fitness Corporation  
Research Triangle Park, NC  
Contact: Caroline Gordon/Leslie Miller  
(919) 483-8983

Glaxo Smith Kline (L and T Health/Fitness)  
5 Moore Dr; RTP, NC 27708  
919-483-9723

Duke Sports Medicine and Performance  
DUMC  
PO Box 3435  
Finch Yeager Bldg 102  
Durham NC 27710 (cont)  
919-668-0247 (Duke Sports Med)

Duke Human Performance Lab  
106 Finch Yeager Bldg  
Durham, NC 27710  
Contact: Michael Huff  
818-668-0247  
m.huff@duke.edu
Duke University Center for Living
Durham, NC 27705
Contact: Anna Lichtenwalner
919-660-6660

State Center For Health & Environmental Statistics
Raleigh, NC
Contact: George Myers
(919) 715-4499

SAS Institute
SAS Campus Dr., GX 231
Cary, NC 27513
Contact: Kimberly Hicks
(919) 531-6624
Kimberly.Hicks@sas.com

Blue Cross/Blue Shield Health & Wellness Department
4727 University Drive Bldg 2
Durham, NC 27702
Contact: Christina Colgan
919-765-1237

Structure House Weight Control & Lifestyle Change Center
Durham, NC
Contact: Alice Cisco
(919) 493-0930 ext. 138

Blue Cross/Blue Shield of NC
Durham, NC
Contact: Twyla Hutchins
919-765-1696

Duke University Diet & Fitness Center
Durham, NC
Contact: Mary Ann Dobbins
(919) 688-3079 Ext 223

NC Government Council For Health & Physical Fitness
Raleigh, NC
Contact: Dainne Beth
919-715-3829

Health Plus/Raleigh Community Hospital
Raleigh, NC 27609 (cont)
Contact: Pamela Arthur
919-954-3174

WakeMed
Corporate and Community Health
3000 New Bern Avenue
Raleigh, NC 27610

Ravenscroft School
Raleigh, NC 27615
919-847-0900

Health Fitness Corporation at IBM Fitness & Recreation Center
3039 E. Cornwallis Rd Bldg 400
Research Triangle Park, NC 27709
Contact: Lee Schimmelfing
919-543-6262

Health Works
Raleigh, NC
Contact: David Gardner

Rex Wellness Center
1515 SW Cary Parkway
Raleigh, NC
Contact: Brian Zowery
(919) 387-3154

Biomar International, Inc.
Chapel Hill, NC
Contact: Amy Joy Lanon
(919) 933-2021

Poe Center
224 Sunnybrook Rd
Raleigh, NC 27610
Contact: Thomas Ray
919-231-4006 ext 309

Health Fitness as Cisco Systems
7025 Kit Creek Road
PO Box 14987
Research Triangle Park, NC 27709
### Other North Carolina sites

<table>
<thead>
<tr>
<th>Site Name</th>
<th>Address</th>
<th>City, State</th>
<th>Contact Person</th>
<th>Phone/Ext.</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Point Regional Hospital</td>
<td>High Point, NC</td>
<td></td>
<td>Sue Cumpston</td>
<td>(910) 884-8400 ext. 2601</td>
</tr>
<tr>
<td>Northeast Medical Center</td>
<td>Huntersville, NC</td>
<td></td>
<td>Jennifer Dempsey</td>
<td>(704) 895-7000</td>
</tr>
<tr>
<td>Lake Norman Health Center</td>
<td>Troutman, NC</td>
<td></td>
<td>Kristine Thompson</td>
<td>(704) 892-9622 ext. 237</td>
</tr>
<tr>
<td>Wellness Council of NC</td>
<td>Greensboro, NC</td>
<td></td>
<td>Jennifer Kimbrough</td>
<td>(910) 271-4232</td>
</tr>
<tr>
<td>Central Carolina Hospital Cardiopulmonary Rehab &amp; Wellness</td>
<td>Sanford, NC</td>
<td></td>
<td>Betsy Fox</td>
<td>919-774-2384</td>
</tr>
<tr>
<td>Haywood County Health Dept.</td>
<td>Waynesville, NC</td>
<td></td>
<td>Marcia W. Tate</td>
<td>(704) 452-6675</td>
</tr>
<tr>
<td>Northern Hospital of Surry County</td>
<td>Mount Airy, NC</td>
<td></td>
<td>Frank Clawson</td>
<td>(336) 719-7000</td>
</tr>
<tr>
<td>United Health Care</td>
<td>Greensboro, NC</td>
<td></td>
<td>Lesley Burnham</td>
<td>(910) 282-6295 ext. 7818</td>
</tr>
<tr>
<td>YMCA of Iredell County</td>
<td>Statesville, NC</td>
<td></td>
<td>Steve Swaim or Nancy Mitchell</td>
<td>(704) 873-9622</td>
</tr>
<tr>
<td>Franklin County Health Department</td>
<td>Louisburg, NC</td>
<td></td>
<td>Shanta Garner</td>
<td>919-910-2711</td>
</tr>
<tr>
<td>Community General Hospital</td>
<td>Thomasville, NC</td>
<td></td>
<td>Ann Duchac</td>
<td>(910) 474-3456</td>
</tr>
<tr>
<td>Wesley Long Community Hospital</td>
<td>Greensboro, NC</td>
<td></td>
<td>Holli Kurtiak</td>
<td>(910) 854-6748</td>
</tr>
<tr>
<td>Charles Cannon Heart Center/Cabarrus Memorial Hospital</td>
<td>Cabarrus, NC</td>
<td></td>
<td>Mike Lippard</td>
<td>(704) 933-6570</td>
</tr>
<tr>
<td>Rowan Memorial Medical Center</td>
<td>Salisbury, NC</td>
<td></td>
<td>Dennis Barber</td>
<td>(704) 210-5170 <a href="mailto:dbarber@rowan.org">dbarber@rowan.org</a></td>
</tr>
<tr>
<td>Alliance For Children &amp; Youth</td>
<td>Gastonia, NC</td>
<td></td>
<td>Brownie Smyre</td>
<td>(704) 867-3512</td>
</tr>
<tr>
<td>First Health Center for Health &amp; Fitness/Pinehurst Hospital</td>
<td>Pinehurst, NC</td>
<td></td>
<td>Timothy Smith</td>
<td>(910) 215-1839</td>
</tr>
<tr>
<td>Lexington Memorial Hospital</td>
<td>Lexington, NC</td>
<td></td>
<td>Helen Walser</td>
<td>910-248-5161 ext 551</td>
</tr>
<tr>
<td>Cape Fear Memorial Hospital</td>
<td>Wilmington, NC</td>
<td></td>
<td>Dr. Raymond H. Stone Jr.</td>
<td>(910) 452-8388</td>
</tr>
<tr>
<td>Wilmington Health Access Center</td>
<td>Wilmington, NC</td>
<td></td>
<td>Geoff Zuckerman</td>
<td>790-9949 ext 221 <a href="mailto:geoffzuckerman@whatswhat.org">geoffzuckerman@whatswhat.org</a></td>
</tr>
</tbody>
</table>

(continued on next page)
New Hanover Regional Medical Center
Wilmington, NC
Contact: John W. Rader
(910) 815-5029
(910) 762-4020

New Hanover Regional Medical Center’s Cardiac, Pulmonary Rehabilitation & Weight Transition Program
2131 South 17th St
Wilmington, NC 28402
910-343-7193
nicole.winkler@nhhn.org

Huntersville Oaks/ Brookwood Retirement Community
Huntersville, NC
Contact: Sharon Washam
(704) 875-7536

Pyramid Wellness Center
21A Oak Branch Dr.
Greensboro, NC 27407
336-851-1890

Sports Center Triad Athletic Club
4101 SAMET Dr.
High Point, NC 27265
Contact: Mary Johnson
336-841-0100

Pure Energy
Greensboro, NC 27403
Contact: Julie Luther
336-204-2005

Cleveland County Health Department
Shelby, NC 28150-3998
Contact: Joyce King

New Hanover Health Department
Wilmington, NC 28401
Contact: Beth Jones
910-343-6658

Lincoln County Health Department
Environmental Health Division
Lincolnton, NC 28092
704-736-8426
Contact: Scott Snead

Pure Energy
Greensboro, NC 27403
Contact: Julie Luther
336-204-2005

Cleveland County Health Department
Shelby, NC 28150-3998
Contact: Joyce King

New Hanover Health Department
Wilmington, NC 28401
Contact: Beth Jones
910-343-6658

Lincoln County Health Department
Environmental Health Division
Lincolnton, NC 28092
704-736-8426
Contact: Scott Snead

Rutherford-Polk-McDowell District Health Department
161 Walker Street
Columbus, NC 28722
Contact: Mary Smith, Health Educator
bwilson@rpmhd.org
National Wellness Services
Garner NC 27603
Contact: Ben Valena
919-349-7123

High Point Regional Health System
Heart Strides CRP/Fitness
Center/Community Health Institute
High Point, NC 27262
Contact: Michael Lepp

Pope Air Force Base
Health and Wellness Center (HAWC)
383 Maynard St.
Pope AFB, NC 28308
910-394-2892

Carolina Regional Heart Center/The Fitness Center; 601 N Elm St. PO Box HP-5
High Point, NC 27261(cont)
Contact: Rodney Simpson
336-878-6221

Iredell Memorial Hospital
Statesville, NC
Contact: Valerie Velte
704-878-4550

Yadkin County Healthy Carolinians
403 East Main St
Yadkinville, NC 27055
Contact: April Pardue
336-679-4651

Guilford County Department of Public Health
1203 Maple St
Room 348
Greensboro, NC 27405
Contact: Felicia Reid
336-641-3768
freid@co.guilford.nc.us

StayWell/Volvo Group North America
7900 National Service Rd
Greensboro, NC 27409
336-393-2638
Mary.Vintinner@consultant.volvocom
Contact: Mary Vintinner

Central Middle School
148 Woodcove Drive
Mt Airy, NC 27030
Vickie Cameron (responsible for health education classes)
cameronv@surry.k12.nc.us

Weddington Physical Therapy and Wellness
13655 Providence Road
Weddington, NC
Contact: Michael Grenda
704-246-7050

Robeson County Department of Public Health
460 Country Club Road
Lumberton, NC 28360
Active Routes to School
Contact: Shahnee Haire
910-671-6233
Out of State

**Florida**

Anastasia Athletic Club
St. Augustine, FL 32080
904-471-4300
Contact: Rick Royal

Morton Plans Mease
Check-Powell WC
455 Pinellas St Suite 100
Clearwater FL  33756 (cont)
Contact: Laura Winship
727-462-7656

Peggy and Philip B. Crosby Wellness Center
Winter Park, Fl
Contact: Carrie Voll
407-644-3606

Sarasota County Health Department
Sarasota, FL
Contact: Liz Bumpus
941-954-2965

St. Josephs Baptist Health Care
Tampa Fl
Contact: Daniel Abate
813-870-4596

Lee Memorial Hospital Wellness Center
Ft Myers, Fl
Contact: Susan McElligott
941-334-5131

Naples Community Hospital Wellness Center
Naples, FL
Contact: Jill Roy
941-436-6770

The Harbour Island Athletic Club
Tampa, FL
Contact: Ann Russo
813-202-1950

Florida Hospital Center For Rehab and Wellness
Orlando, Fl
Contact: Maudi Dewees
407-893-6981

Tampa Palms Golf and Country Club
Tampa Fl
Contact: Joseph Repay
813-632-1676

The Wellness Experience
Boca Raton, FL
Contact: Randall Laurich
561-883-0090

Pinellas County Health Department
St. Petersburg, Fl
727-820-4113 (Pinellas)

MMHS South Wellness Center
Stuart, FL
Contact: Karen Shipper
KShipper@mmhs-fla.org
772-223-5776

Tampa Palms Golf and Country Club
Tampa Fl
Contact: Joseph Repay
813-632-1676

Florida Hospital Rehab and Wellness
Orlando, FLA
Contact: Maudi Dewees
407-893-6981

Florida Power & Light Company Well Prog
700 Universe Blvd
Juno Beach, Fl 33408-0420
Contact: Kirsten Herbes, MPH, RD
561-691-7486
Kristen-herbes@fpl.com

USAA Fitness Center
17200 Commerce Park Blvd
Tampa, Fl 33647
Contact: Laurie Setley
813-616-5863
Laurie.Setley@usaa.com

Camp LaJolla (weight loss camp)
176 C. Ave.
Coronado, CA 92118
Contact: Lynne Johnson
1-800-825-8746
campLaJolla.com
**Virginia**

ExploreHealth with Sentara Center  
2126 Great Neck Square  
Virginia Beach, VA 23454  
Contact: Michelle Osborn  
757-481-7656  
MRDOSS@Sentara.com

Health Fitness Corporation  
McLean, VA  
Contact: Joseph Vida  
703-854-6694

Greenspring Village  
Springfield, VA  
Contact: Brad Hibbs  
703-923-4616  
bhibbs@ericksonmail.com

New Fitness  
Roanoke, VA  
Contact: Karen Carpenter  
knewfit@msn.com  
540-366-6060

Pennisula Health Department  
Newport News, VA  
Contact: Asha Jindal  
757-594-7305

Operation Blessing International; Health Department  
Virginia Beach, VA  
Contact: Pam Erickson  
757-579-3393

Highlander Health and Fitness, Inc  
Fredericksburg, VA  
Contact: Carl Braun  
540-373-9650

L and T Health and Fitness  
7309 Arlington Boulevard  
Suite 202  
Falls Church, VA 22042  
703-204-1355

**South Carolina**

Harper Student Center  
Medical University of SC  
Charleston SC  
Contact: James B. Tomsic  
803-792-5485

Owens-Corning-Johnson & Johnson Health Care Systems, Inc  
Aiken SC  
Contact: Troy Meyer  
803-643-1141

Spartanburg Regional Medical Center  
Spartanburg, SC  
Contact: Angela Skinner  
803-560-6263

Michelin Tier Corporation; Spartanburg, SC  
Contact: Ed Bopp  
803-599-3510

Roper Hospital  
Charleston, SC  
Contact: Aleshia Parrish  
803-724-2745

Roper Hospital Cardiac Rehab  
Charleston, SC  
Contact: Gary Piper  
843-724-2993

Tuomey Healthcare System  
Sumpter, SC  
Contact: Chris Harper  
803-778-8842

Hilton Health Health Institute  
Hilton Head, SC  
Contact: Lauren Wilson  
843-785-3286 Ext 119  
lwilson@hhhealth.com

Lexington Medical Center  
Columbia, SC  
Contact: Janet Fleming  
jkfleming@lexhealth.org  
803-791-2113

South Carolina Heart Center  
Total Life Center Columbia, SC  
Contact: Aaron Best or Mark Sean  
803-765-9044
Colorado
University of Colorado at Colorado Springs
Colorado Springs, CO
Contact: Nancy Gadachy
719-262-4444

Colorado Athletic Club
Englewood, Co
Contact: Cindi Middlekruff
303-790-7777

Coors Brewing Company
Golden, CO
Contact: David Coates
david.coates@coors.com
303-277-3584

Working Well: Designs in Health Promotion
Colorado Springs, CO
Contact: Carol Cash
719-262-0429

Carmichael Training Systems
110 South Sierra Madre St
Colorado Springs, CO
719-635-0645
Contact: Ivana Bisaso

Georgia
Johnson & Johnson Health Management, Inc
GM Corporation
Doraville, Ga
Contact: Kendra Deene
404-455-5764

Home Depot USA Inc
Atlanta, GA
Contact: Wendi Schmidt
404-433-8211

WellStar Health System
Marietta, Ga
Contact: Jim Surrency
770-494-7300

Home Depot
Atlanta, GA
Contact: Linda Welch
770-433-8211

Kennesstone Hospital
Marietta, Ga
Contact: Michelle Davis
404-793-7180

Bradley Wellness Center
Dalton, GA
Contact: Kim Warner
706-278-WELL

Inner Harbour
Douglasville, Ga
Contact: Patrick Kelly
770-942-2391

Liebonow And Torok Inc
Marietta Ga
Contact: Lanay Mixon
770-494-6675

CDC
Atlanta, GA
Contact: Diane Bennett
dbennett@cdc.gov
404-639-5349

IMHOTEP/CDC
Contact: Cynthia Trawick
ctrawick@morehouse.edu
404-215-2733

East Lake YMCA
Atlanta GA
Contact: Dedric Ross
404-373-6561

Inner Harbour
Douglasville GA
Contact: Patrick Kelly
770-942-2391

WellStar Health System
Marietta, GA
Contact: Katie Harrison
770-793-7300

Network of Trust (school health program)
800 N. Jefferson ST
Albany, Ga 31701
229-889-7360
abarber@ppmh.org
Wellness Program
Federal law Enforcement Training Center
1131 Chapel Crossing Road
PTD/Bldg 252 – Modular Building 742
Gynco, GA 31524
Phone: 912-267-3436
Contact: Kelly Carter

**Tennessee**
Wellmont Health Systems
Kingsport TN
Contact: Judy Rasnaki
423-224-3551

Welmont Health System
Kingsport, TN
Contact: Judy R

Blount Memorial Wellness Center
220 Associates Blvd
Alco TN 37701
Contact: Leslie Rutheford
865-987-6865

Eastman Chemical Company
Eastman H.E.A.L.T.H. & Wellness
P.O Box 511 Building 310
Kingsport, TN 37662-5310
Contact: Leslie Humphries
423-229-4881
lhumphries@eastman.com
**Assorted Out-of-State**

Kenora Area Health Access Centre
PO Box 320
Keewatin, Ontario
87-543-1065

White House Athletic Center
Contact: Aimee Labrecque
202-395-5688

Johnson & Johnson World
One Johnson and Johnson Plaza
HB 111
New Brunswick NJ 08933
Contact: Tara Rosato

Johnson and Johnson
225 Liberty Street 2 WEC
NY, NY 10281
212-436-6763
Contact: Michael Meritz

TriHealth Preventive Health Systems
Cincinnati, OH
Contact: Deborah K. Berry
513-985-4555 ext 228

Beach Cities Health District
Redondo Beach, Ca
Contact: Kristin Robbins
310-374-3426

Scottsdale Memorial Health Systems
Scottsdale, Arizona
Contact: De Anna Vargas
602-675-6938

CHIPs (Corporate Health Improvement Programs)
Manchester, NH
Contact: Joan Stevens
603-626-2986

Missoula Athletic Club
Missoula, MT
Contact: Jane Edlund
406-728-0714

St. Vincents Hospital
Birmingham, Al
Contact: Steve Canfield
215-939-7076

Life Center Health and Conditioning Club

Greenville Hospital System
Contact: Claire Dillon-Palma
864-455-4035

Legacy Fitness Center
Portland, Oregon

HealthSouth of Lenexa
Lenexa KS
Contact: Mark Buckingham
Markbuckingham21@yahoo.com
913-706-6564

Louisville Youth Training Center
Louisville, KY
Contact: Alissa Moore
502-451-0904
www.heuserclinic.com

Rehabilitation Center at Beeston Hill
Christainsted, VI
Contact: Sarah Steve
340-778-8888

AmFit Physical Therapy
Greenwich, CT
Contact: Mike Accello
203-869-5546
Amfitpt.com@aol.com

University of Arkansas Medical Center
Little Rock, AR
Contact: Julie Hall-Barrow
hallburrowjuliec@uams.edu
501-686-2598

New York Life
New York, NY
Contact: Ree Guarriello
212-576-7722

Center for Executive Health
LaJolla, Ca
Contact: Wesley Scott
619-455-7044
Golden Door
Excondido, CA
Contact: Trish Martin
760-744-5777

Camp La Jolla
176 C Avenue
Coronado, CA 92118
Contact: Lynne Johnson
800-825-8746
staff@camplajolla.com

University of Southern California
849 W 34th Street
LA, CA 90089-0311
213-740-4777
Contact: Paula Swinford
swinford@usc.edu

Michigan State University
Supportive Services/SROP Program
209 Bessey Hall
East Lansing, MI 48824
Contact: Nettavia Curry
517-353-5210
curry@msu.edu

Health Solutions
Wisconsin
Contact: Margo Trotter
920-457-3036
Direct line: 920-694-6285
Mtrotter2@healthsolutionsltd.com

YMCA National Capitol
1711 Rhode Island Avenue NW
Washington DC 20036
Contact: Ed Fones
202-797-4478

State of Hawaii Department of Health:
Maui District Health Office/Family Health Services Section
54 High Street
Wailuku, HI 96793
Contact: Jeny Bissell
808-984-2136